I understand that the nutrition consultant I am speaking with is not a medical doctor and I am not consulting for medical, diagnostic, or treatment procedures. The services performed by the nutritional consultant are at all times restricted to helping me gain a better understanding of my degree of health, not disease, so I can have greater self-awareness and be able to incorporate a better self-care program for daily living

I understand that as a nutrition consultant, the recommendations, discussion, sale of any nutritional supplements, vitamins, minerals, food-grade herbs, or other nutrients used as food for special dietary use pertains to the whole-body concept of nutrition and does not relate to any specific ailment or condition.

According to the Federal Food, Drug and Cosmetic Act, as amended, Section 201 (g) (1), the term "DRUG" is defined to mean: "Articles intended for use in the diagnosis, cure, mitigation treatment or prevention of disease."

A vitamin is not a drug, and neither is a mineral, trace element, amino acid, herb, or homeopathic remedy. Although a vitamin, mineral, trace element, amino acid, herb, or homeopathic remedy may have an effect on a disease process or symptom, this does not mean that it can be misrepresented, or be classified, as a drug.

Any nutrition appointments will not involve the diagnosing, prognosticating, treating, or prescribing of medicines nor the treatment of any disease, or substitute for any act which will constitute the practice of medicine in this state for which a license is required.

I have read and understand the above: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_